

Patient Name _____

Special Informed Consent & Disclosure Limitations After Surgery

After surgery, it takes months for the wounds to reach their fina	l strength. It is therefore of
utmost importance to allow the wounds to mature prior to stress	ing the healing process.
I understand that the entire area that has been operated upon rep	resents a wound. Dr. Gary
Lawton has explained to me in detail the restrictions on my physical activity after surgery. I	
understand that I may not engage in exercise of any kind for a period of six (6) weeks after	
surgery. I also understand that I should refrain from all vigorous	s activity, including but not
limited to lifting, pushing, pulling, cleaning, sweeping, vacuumi	ing, shopping and sexual activity.
I also understand that these restrictions may be extended based on my progress in the	
postoperative period.	
I fully understand that deviation from these recommendations may result in unfavorable healing,	
prolonged swelling, bleeding, fluid collection, prolonged wound drainage, wound separation,	
infection, the need for further surgery, as well as further expense	es.
I acknowledge that Dr. Gary Lawton and his nursing staff have explained these surgical	
restrictions to me in detail. I have been given the opportunity to ask questions. My signature	
attests to my understanding and satisfaction with the answers to	my questions.
The patient hereby acknowledges and agrees that the services to	be provided are to be considered
professional medical services for the treatment of the patient's condition.	
Patient Signature	Date
Witness	copy given to patient

Date _____